

Low-High Risk Community Participation

Working with troubled youth and ex-prisoners comes with various challenges due to their complex health problems and comorbidities, such as problematic alcohol and drug use, offence-specific behaviours, high-risk behaviours, and mental health issues.

Our programs include (but not limited to) mentorship, movie nights, working out, social settings, sports activities, and other expressive programs. The purpose of these initiatives is to encourage a positive, non-violent environment that encourages good behaviour and improves wellbeing.

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Support Independent-Living (SIL)

When it comes to living independently, having your own space can really make a difference. Living in your own home allows you to develop your daily living skills and create the life that you want for yourself.

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We assist with:

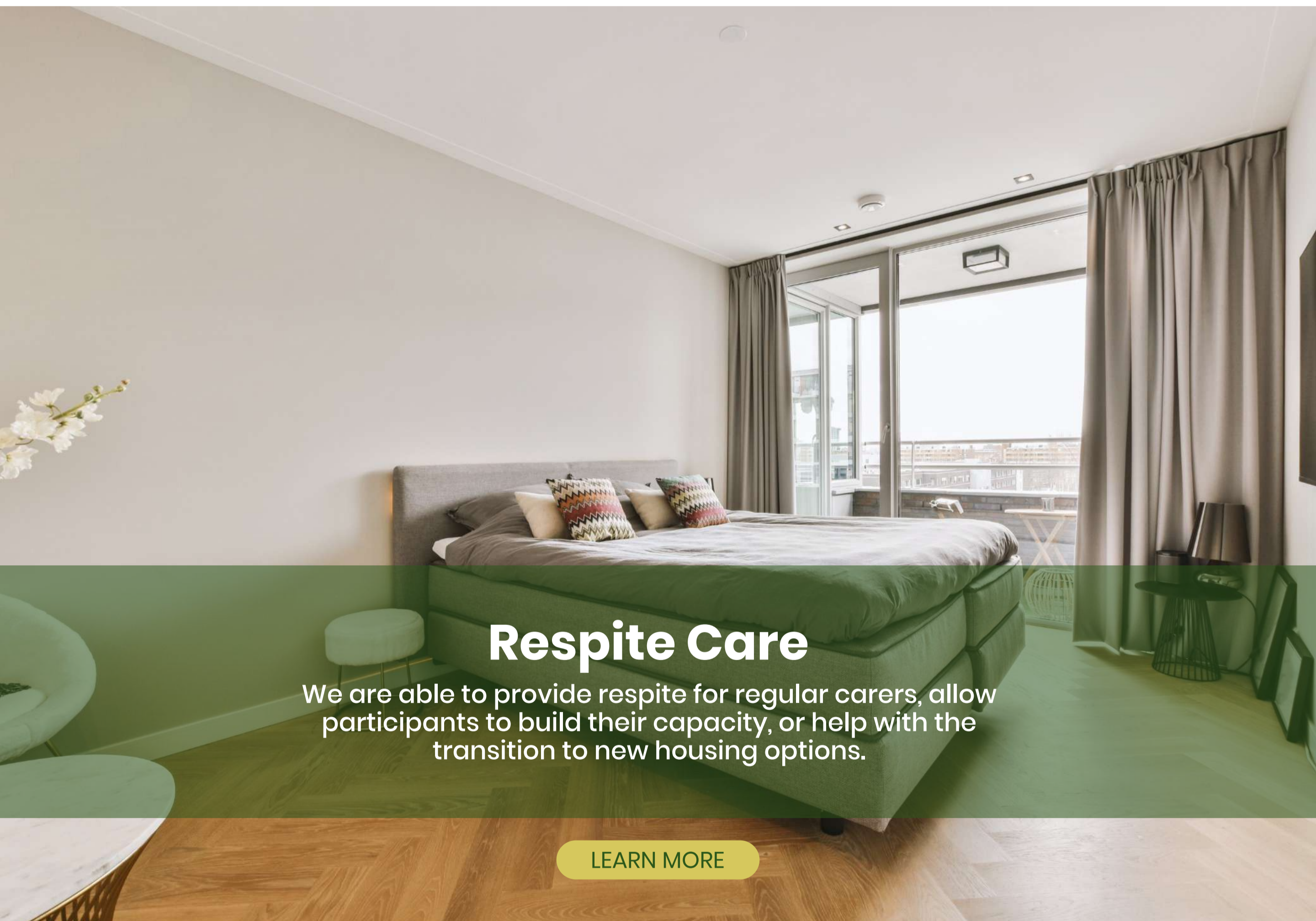
- Shared living
- Short-term accommodation
- Medium-term accommodation
- Supported independent living (SIL)



Our Disability Housing Services

We provide a range of support services to people with disabilities in Melbourne. Our participants come from a diverse range of backgrounds – as such, we provide many options for housing to suit them all. Accessibility and flexibility are at the core of everything we do. We aim to give you the ability to choose disability housing that perfectly suits your needs and allows you to live your ideal independent lifestyle.

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Respite Care

We are able to provide respite for regular carers, allow participants to build their capacity, or help with the transition to new housing options.

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Self Care

As part of our vision to ensure each of our NDIS participants are able to independently cope with their daily activities and life skills, we offer assistance to help out with your daily needs and lifestyle related activities. Through the assistance we offer, our objective is to ensure you are capable of developing life based skills that will help retain your independence and autonomy.

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Household Tasks

As part of our service to help with your household tasks, we offer essential cleaning across all areas within your home. This includes help with cleaning your bathroom, bedrooms, kitchen, laundry, living area and other spaces, depending on your need.

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Blog

5 Frequently asked questions about disability services in Melbourne

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